

Cycle against Torture 2019



Freedom from Torture
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East Sussex to Edinburgh – July 2019



We want to:

- 1 - raise awareness of the work of Freedom from Torture;
- 2 - connect local support groups;
- 3 - raise funds for this work.

We will cycle between 30 and 60 miles a day with awareness-raising days at key points. Riders are welcome to join us for any distance at all, even if it's just a mile or two through your village.

Your support will provide counselling and support for survivors of torture.

www.edinburghfft.org/cycle2019

Join us and/or support a team:

<https://www.justgiving.com/companyteams/cycle2019>

Email: cyclefft2019@gmail.com

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